

August 2024

## Activities

This month we have been focusing on keeping active for the body and mind

# Camplehaye Residential Home

## Newsletter

This month we have been focusing on the importance of movement which some brilliant chair exercises, ball games and aerobics going on.



**Chair Ball Games**



**Chair Aerobics**

## Contact us

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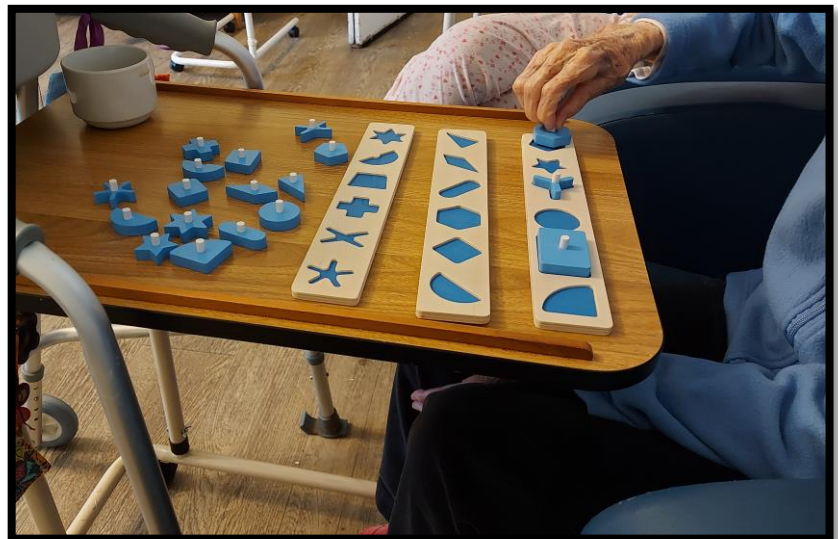
Website: [www.avenscarehomes.co.uk](http://www.avenscarehomes.co.uk)

Registered Manager:  
Rebecca Williams

Deputy Manager:  
Luke Siolo-Millar

Care Co-ordinator:  
Alison Hardy

**We have also been focusing on keeping the mind active with lots of puzzles and quizzes**



## ***Employee of the Month***



***Amit is our Employee of the Month for August.  
Amit is always very helpful whilst on duty on his  
night shifts.  
Well done Amit.***